

Come let us Grow Together:  
Understanding how the Sabbath Rest was fulfilled in Christ

Come let us Grow Together is a weekly series that deals with the many topical categories that exist within the Word of God. The purpose of this series is to grow in wisdom, knowledge, and understanding in things pertaining to God.

Let us begin with a comparison to the Sabbath observance God spoke of to the children of Israel...

It was a covenant between the children of Israel and God. Just as the New Testament Covenant is between the children of Israel and God.

It is important to realize that we are the children of Abraham, Isaac, and Israel. For we have partook of that seed Christ, of which was the promise.

Christ hath redeemed us from the curse of the law, being made a curse for us: for it is written, Cursed is every one that hangeth on a tree: That the blessing of Abraham might come on the Gentiles through Jesus Christ; that we might receive the promise of the Spirit through faith. Now to Abraham and his seed were the promises made. He saith not, And to seeds, as of many; but as of one, And to thy seed, which is Christ. (Gal 3:13-14, 16 KJV)

The purposes in the keeping of the Sabbath day of rest was to remind the children of Israel: 1) That in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed,

Just as we were told in Hebrews chapter 4:

For we which have believed do enter into rest, as he said, As I have sworn in my wrath, if they shall enter into my rest: although the works were finished from the foundation of the world. For he spake in a certain place of the seventh day on this wise, And God did rest the seventh day from all his works. And in this place again, If they shall enter into my rest. Seeing therefore it remaineth that some must enter therein, and they to whom it was first preached entered not in because of unbelief: For if Jesus had given them rest, then would he not afterward have spoken of another day. There remaineth therefore a rest to the people of God. (Heb 4:3-6, 8-9 KJV)

This rest is found in the receiving of the Spirit of Christ!!

The second purpose in the keeping of the Sabbath day of rest was to remind the children of Israel:

2) To keep the Sabbath day of Rest holy or sanctified by not doing any work.

Just as we were told in Hebrews chapter 4:

There remaineth therefore a rest to the people of God. For he that is entered into his rest, he also hath ceased from his own works, as God did from his. Let us labour therefore to enter into that

rest, lest any man fall after the same example of unbelief. For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. (Heb 4:9-12 KJV)

It is important to realize that when we allow God to move upon us and speak with other tongues as the Spirit gives the utterance that we have ceased from our own works as God did from His. For the tongue can no man tame!!

Even so the tongue is a little member, and boasteth great things. Behold, how great a matter a little fire kindleth! And the tongue is a fire, a world of iniquity: so is the tongue among our members, that it defileth the whole body, and setteth on fire the course of nature; and it is set on fire of hell. For every kind of beasts, and of birds, and of serpents, and of things in the sea, is tamed, and hath been tamed of mankind: But the tongue can no man tame; it is an unruly evil, full of deadly poison. (James 3:5-8 KJV)

Again, this Rest is found in the receiving of the Spirit of Christ where God then tames the untamable tongue and we cease from our own works as God did from His.

The third purpose in the keeping of the Sabbath day of rest was to remind the children of Israel:

3) That the children of Israel would remember that it was the Lord God who did sanctify them and brought them out of the land of Egypt with a mighty hand and by a stretched out arm; therefore the LORD thy God commanded them to keep the Sabbath day of rest.

Just as we were told in Romans:

We are sanctified by the Holy Ghost.

That I should be the minister of Jesus Christ to the Gentiles, ministering the gospel of God, that the offering up of the Gentiles might be acceptable, being sanctified by the Holy Ghost. (Rm 15:16 KJV)

For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh: That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit. (Rm 8:3-4 KJV)

Just as the children of Israel were sanctified and brought out of the land of Egypt we too are sanctified by the Holy Ghost and set free from the bondage of sin which is a type of Egypt.

For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death. (Rm 8:2 KJV)

Set free from Egypt... Set free from Sin...

The Sabbath rest of the Lord fulfilled!!!